


Member of Shepherd's  
Centers Of America



**FREE BUS PASS • UPDATE LEARNING**  
 Show this pass to Bus Driver for a free ride to and from the Fieldhouse parking lot to MITS station. Park free. Bus comes by Shelter every 15 minutes. To return, board Route #6 N Walnut or #4 Mall via Fieldhouse at MITS station.  
**Valid March 22 to April 26, 2010**



# Update Learning 2010

**SPRING TERM • EVERY MONDAY FOR SIX WEEKS**

**March 22, 29, April 5, 12, 19, 26**

**HIGH STREET UNITED METHODIST CHURCH  
 OLDER ADULT PROGRAMS**

219 S. High Street • Muncie, Indiana 47305 • 765-747-8500  
 Pastor Charlotte B. Overmyer, Director, Older Adult Ministries  
 cbovermyer@sbcglobal.net • www.munciehighstreet.com

**UPDATE LEARNING NOURISHES THE BODY, MIND, AND SPIRIT**

*“Discipleship under Jesus Christ is holistic, both spiritual and physical, following Jesus requires our whole selves: the healthier we are, the more able we are to be about the will of God.”*  
 —Rev. Chris Owens, 1st UMC, Laurel, MD

**Parking Suggestions**  
 High Street UMC, along with all of downtown Muncie, welcomes IVY Tech students. The parking lot immediately to the west of the church now belongs to IVY Tech. If there are available spaces, you can use them, but know that there will be fewer available than during previous sessions. *Here are some other suggestions:*  
**CAR POOL:** This is always good for the environment as well as good stewardship.  
**CITY BUS:** We are grateful to MITS bus system for offering this service **For Free!** You can park at no charge in the lot **north of the Muncie Fieldhouse**. Using the pass printed at the top of this page, you can be picked up at the bus shelter on Walnut Street, across from Concannon Bakery. Any bus stopping there will bring you to the downtown station across the street from High Street Church. The bus runs every 15 minutes, all day long. To return to your car, take the #4 or #6 bus to return to the lot.

**COMMITTEE**

David and Judi Reece, Co-Chairpersons	Evelyn Shoemaker Paula Smith
Lois Bond	Don Vogelgesang
Bonnie Booher	Rinda Vogelgesang
Eunice Bryant	Mary Wertzler
Carol Casazza	Sydney Wulff
Clarence Casazza	Jane Zimmerman
Ethel Gantz	
Phyllis Green	
Becky Karcher	<b>PASTORS</b>
Ann Miller	Jack Hartman
Marty Raisor	David Neuen
Lex Richards	Charlotte Overmyer
Mary Lou Rogers	Marti Troyer

**SPRING SESSION • MONDAYS • MARCH 22 through APRIL 26**

1. Registrations should be mailed as soon as possible. *Keep A Copy of Your Classes.*
2. You will be registered in your first choice class, unless otherwise notified.
3. If you are accepted in a **Limited Number Class** and **Cannot Attend**, please call 747-8500, so someone else can be notified to take your place.
4. Name tags are available for each registered person. Pick up in the elevator area in the basement. Return at the end of the day.
5. **If you are staying for afternoon classes, you are invited to bring a sack lunch and may keep it in our refrigerator.**
6. April 26 will be our Teacher Recognition. Plan to stay for the recognition and a program by the String-A-Longs of Wesley Manor. **You will be able to purchase sack lunches for this day.** Also, on April 26, **bring crafts completed this session for display in Parish Hall.**

**8:15 to 8:55 A.M.**

Continental Breakfast (at cost)

**8:30 A.M.**

All registrants meet together in Parish Hall each Monday of classes.

**9:00-9:50 A.M.**

***Indiana History Comes Alive***

**Patsy Smith**

We will follow the progression of our state from the time of prehistoric cultures to present day.

***Talking to Birds and Spring Migration***

**Jim Lambert**

If anyone can talk to birds, it is Jim Lambert! Come and let him teach you, and then learn when to expect our feathered friends to return this spring.

***Quilting: Appliqué***

**Judi Reece**

Welcome spring with a tulip appliqué project. For the first session, bring small pointed scissors, dark colored thread, straight pins, and a thin needle. You will practice the appliqué technique and choose a tulip design. Beginners are welcome.

***Travel Time***

**Coordinated by Mary Wertlzer**

Join us as we travel the world!

**March 22 "National Parks"**

with Connie Crabtree

**March 29" Around the World"**

with Milton and Regina Jerabek

**April 5 "Land Between the Seas, A Journey through the Panama Canal"**

with Julia Wadsworth

**April 12 "Visiting John Wesley's England"**

with Deb Perry

**April 19 "Marqueses Island"**

with Allen King

**April 26 "The Netherlands"**

with Dave and Celia Burns

***What's Your Specialty?***

**Mary Margaret Willbanks  
and Cathy Akers**

We don't mean your career choices; we're talking about specialty card games like UNO, Rook, Skip-Bo and the like. Come join the fun and try your "hand" with these games from old favorites to new ones destined to become favorites!

***Elder-law: Making Sure Your Choices Count!***

**Gregory Smith, Attorney at Law**

An overview of selected issues facing senior citizens and approaches to meeting those issues. Included will be discussion of transfer of property, transportation, estate planning, medical directives, and taxes.

***Eat Healthy, Happy and Smart #5***

**Betty Hays**

**LIMIT 15** Spring forward with fast, easy meals with recipes to help your transitions to warmer months. Samples of course!

***Tatting***

**Margaret Prow**

Don't let this beautiful craft disappear! Learn to tat! Bring metal shuttle and ball of Knit Cro-sheen thread.

***Body Recall Demonstration***

**Ross VanNess**

Learn how to exercise without pain or without damage to your joints. Anyone can benefit from these gentle exercises, led by a certified Body Recall instructor.

***Art Class***

**Don Rogers**

This will be a 2-hour class, from 9:00 to 10:50. Beginners are welcome and will be given basic instructions. More advance students are welcome to bring their current projects.

**10:00-10:50 A.M.**

***Rolling the Dice on the Vice Presidency***

**Richard Harris**

Strange stories about a lot of bad choices, near catastrophes, some good/lucky picks and how casual the system is when picking the person to be a heartbeat away from the President. Aaron Burr, Millard Fillmore, Spiro Agnew, Cactus Jack [Garner] and 43 others have served. 14 later served as President. We ought to take it seriously.

***Israel and the Judges***

**Dan Moore Snyder**

This is a look at the Twelve Tribes as they settle in their new home, a bold new experiment in government, and the ordinary/everyday people God chose as leaders in times of crisis!

***Beginning and Intermediate Knitting***

**Charlotte Ferris**

Charlotte has taught at Update Learning for over 30 years. She only gets better! Bring your own project to the first week of class.

***Drums Alive!®***

**Marcia Swanger Wilson**

This is a fun program—and a workout! It doesn't take talent or even rhythm to participate in this "whole brain, whole body" exercise that combines physical, mental, emotional, and social elements using the principles of music, sound, and movement therapies. **This class will be offered at both 10:00 and 11:00. Please only register for one hour.**

***Beginning Bridge, Part 2***

**Merrilyn McNary**

Know a little about bridge, but not enough? Maybe we can help. Those from Update Learning: Beginning Bridge last fall are especially welcome.

*continued* ➡

UPDATE LEARNING REGISTRATION FORM • Every Monday, MARCH 22 through APRIL 26, 2010

Date Registration Sent \_\_\_\_\_  
 Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone \_\_\_\_\_  
 Age:  50-55  55-60  60  70  80  90  
 (Courses open to persons 50 years or older)

INDICATE YOUR CHOICES OF COURSES:

9:00 A.M. 1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 10:00 A.M. 1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 11:00 A.M. 1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 12:00 NOON—LUNCH  
 12:40 P.M. 1st \_\_\_\_\_  
 2nd \_\_\_\_\_

\$8.00 covers registration for 1-4 courses for 6 weeks.  
*Pre-registration is encouraged to obtain desired classes.*

Send money or check (payable to UPDATE LEARNING) to:  
 Update Learning, High Street United Methodist Church, 219 S. High Street, Muncie, IN 47305  
 **This is my first time to attend.**  **I have my name tag and I will bring it.**  
 Elevator and wheelchairs are available.

**Spanish I Susie Sponseller**  
 This class is for beginners. You will not only learn the language, but you will learn history and customs.

**Beginners: Creating Unique and Beautiful Greeting Cards Betsy Pyle & Kay Stickle**  
**LIMIT 15** Kits will be available each week at \$1 each. Included will be rubber stamping, resist technique, layering and embossing, and “paper embroidery” with punch and metallic thread to make your own design. Please bring double sided adhesive. Options are available at Jo-Ann Fabric or Hobby Lobby.

**Crochet All Steps Margaret Prow**  
 Bring instructions for projects and supplies.

**Line Dancing Jane Pitser**  
**LIMIT 40** Have fun with some of the old favorites: a variety of country western, waltz, cha-cha, mambo, polka and Celtic dances.

**Cribbage Donna Baker**  
**LIMIT 8** Cribbage is a card game for 2 or 4 players. The object of the game is to be the first player to move from his starting position to home, thus having accumulated 121 points. Beginners are greatly welcome!

**Big Band Music David Reece**  
 Enjoy the history of those who provided the marvelous sounds from the 1920’s to the 1950’s. The players, composers, arrangers, and the singers are all part of this class, for the sources are infinite and the players come alive as you’ll hear their stories and their priceless performances.

**Art Class, continued Don Rogers**  
 This will be a 2-hour class, from 9:00 to 10:50. Beginners are welcome and will be given basic instructions. More advanced students are welcome to bring their current projects.

\*\*\* 11:00-11:50 A.M. \*\*\*

**Great Musical Moments of the Silver Screen Conrad Lane**  
 A survey of the Hollywood film musical from THE JAZZ SINGER (1927) to THE SOUND OF MUSIC (1965). Numerous clips of musical favorites will be presented along with anecdotes about those involved.

**The Year 1000 Richard Hays**  
 What was life like at the turn of the first millennium in England according to the Julius Work Calendar? A vivid and surprising portrait of life in England. A discussion/sharing of ideas of how we live today and how an Englishman lived a millennium ago.

**Drums Alive!® Marcia Swanger Wilson**  
 This is a fun program—and a workout! It doesn’t take talent or even rhythm to participate in this “whole brain, whole body” exercise that combines physical, mental, emotional, and social elements using the principles of music, sound, and movement therapies. **This class will be offered at both 10:00 and 11:00. Please only register for one hour.**

**The Golden Age of Radio Frank Scruggs**  
 We will laugh and reminisce as we listen to these old programs: The Jack Benny Show, The Green Hornet, Fibber McGee and Molly, Bing Crosby Show, Mr. and Mrs. North, and Bob and Ray.

**Spanish II Susie Sponseller**  
 If you have some Spanish language experience—a class back in high school, a previous Update Learning class, or a period of time in a Spanish-speaking country, you are welcome in this group.

**Old Testament Stories from the Back Side High Street Pastors**  
 We will look at new possibilities of insight into selected Old Testament stories by entering them through the “back side” —through the eyes of a minor or unsympathetic character. (Based on the book by J. Ellsworth Kalas.) Please bring your Bible.

**Needlework Potpourri Margaret Prow**  
 Do you have an unfinished needlework project that has you stymied? Can’t quite figure out that pattern? Bring whatever you have and see what happens!

**Intermediate: Creating Unique and Beautiful Greeting Cards Betsy Pyle & Kay Stickle**  
**LIMIT 15** Kits will be available each week at \$1 each. Included will be rubber stamping, resist technique, layering and embossing, and “paper embroidery” with punch and metallic thread to make your own design. Please bring double sided adhesive. Options are available at Jo-Ann Fabric or Hobby Lobby.

*continued* ➡

*RETURN SERVICE REQUESTED*

***It's a Good "Deal"***      **Lex Richards**  
If you enjoy card games of all kinds, you will want to join this group. Brand new games and old favorites are offered. Games are for two, three, four and more players.

***Sing-A-Long***  
**Becky Karcher and Dorothy Bullis**  
Gather around the piano and sing the songs YOU like to sing: hymns, oldies and goodies, popular tunes. Lots of Fun!

***Intermediate Bridge***  
**LIMIT 20** This class will play until 12:30. This group plays each week at High Street Church, all year long. We are looking for new members and invite those who consider themselves "intermediate players" to join us.

\*\*\* 12:00 NOON \*\*\*

**NOTICE THIS CHANGE: No Lunches Available Until The Last Day.** You are welcome to bring your lunch and store it in the refrigerators in the kitchen off Parish Hall.

\*\*\* Beginning At 12:40 \*\*\*

***Beaded Jewelry Making***  
**Pat A. Randle**  
**LIMIT 12** Design and make your own jewelry. Kits with beads or "findings" will be available for purchase at variable prices. Tools are furnished during class. (NO CLASS ON APRIL 5).

***Mah Jongg For Fun***      **Sydney Wulff**  
Experienced players—or those who are just beginning—are invited to join this group.

***Advanced Bridge***  
**Eunice Bryant, Coordinator**  
Experienced players are invited to join this class to play for fun and improvement of bridge skills. Class ends at 3:00.

***Basket Weaving***      **Linda Swanger**  
**LIMIT 10** Learn the art of basket weaving by weaving a simple basket. There will be a \$10 fee for materials.

## HIGH STREET TRAVELERS

***New for 2010! After every third trip, receive a \$25 voucher good toward a future trip!***

**April 7** "Hello, Dolly!" Beef & Boards Dinner Theatre. \$75 per person

**May 4 & 5:** "Tulip Time in Holland, Michigan!" \$229 per person/double occ.

**June 10:** "Jersey Boys" Murat Theatre, Indianapolis, \$90 per person

**July 28:** "Church Basement Ladies" Beef & Boards Dinner Theatre - \$75 per person

**Sept. 18-25:** "Royal Caribbean Cruise: Jewel of the Seas" Canada and New England

*For reservations/information, contact High Street Church at 747-8500 or [dheeter@ballstate.bsu.edu](mailto:dheeter@ballstate.bsu.edu) **Tours are open to the public, clubs and groups!** Payment must accompany reservations. Coordinator: Deb Heeter. High Street Travelers is sponsored by, and a mission of, High Street United Methodist Church.*